



WOMEN'S RUNNING

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Photographs by Jens Mortensen

With fall on the way, we put the latest mitts on RW staffers and sent them out into the elements. Some gave high marks to gloves that converted into mittens for added warmth; others liked gel finger grips for the extra dexterity they offered. Wherever your fall running takes you, we've got you covered.

Glove Story  
Five ways to keep hands warm on cool runs.

By Kathleen Pennepacker

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SPECIAL ADVERTISING SECTION:

1. 180s Convertible Glove

A great all-around glove. Our runners loved its warm-yet-lightweight micropoly interior and superthin water-resistant retractable hood that turns the Convertible into a glove or a mitten. \$30; 877-725-4386; [www.180s.com](http://www.180s.com)

2. Brooks HVAC Gloves

Ideal for a range of temperatures, this glove uses strands of silver, which supposedly help keep your hands at a constant temperature. We were skeptical, but it kept our tester warm. \$34; 800-227-6657; [brooksrunning.com](http://brooksrunning.com)

3. Asics Winter Run Hybrid Glove

Although the polyurethane-coated hood of this fingerless glove is a bit bulky, it keeps bare fingers out of the elements without sacrificing dexterity. \$28; 800-678-9435; [asicsamerica.com](http://asicsamerica.com)

4. SmartWool Synergy Glove

A great option for milder days, the Synergy features a blend of SmartWool and nylon, giving you the traditional warmth of wool, plus the added wicking ability of nylon. \$30; 800-550-9665; [smartwool.com](http://smartwool.com)

5. Adidas UltraTech Running Glove

The thin UltraTech is good for chilly mornings. It has a soft material over the thumb (perfect for the occasional nose wipe) and three reflective strips to keep you visible on early morning runs. \$28; 800-966-7697; [dickssportinggoods.com](http://dickssportinggoods.com)



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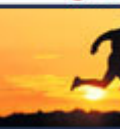
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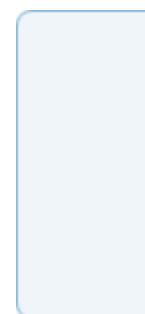
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